

# SHROPSHIRE COUNTY AGE GROUP CHAMPIONSHIPS

## PROMOTERS RULES AND CONDITIONS

### 1: DATES AND VENUES:

The dates and venues of the competition shall be decided and approved by the Executive Committee

### 2: ENTRIES:

Entries for the Competition together with the entry fee must reach the Honorary Gala Coordinator by midnight of the closing date as specified by the Executive Committee.

All entries shall be made on the Official Entry Disk.

The Declaration of Certification of Club entries must be signed by a previously nominated representative of the Club as being correct.

Entry times must be **equal to or faster** than the Qualifying times published for each event.

All submitted entries will be deemed correct and not open to alteration.

The number of entries to the Championships may be limited under the following conditions:

a: there will be **no refund** of entry fees for any entry submitted with a time outside the published qualifying times.

b: the slowest entries within the qualifying times may be rejected at the discretion of the Promoter to comply with designation criteria.

**Late entries will not be accepted.**

### 3: ENTRY CARDS:

These Championships will be run on a no entry card system, whereby all swimmers are deemed to be competing and must withdraw from an event by a specified time.

A Schedule of accepted and rejected entries will be sent to each Club.

Withdrawals from events must be made in writing by either the relevant Club coach or nominated representative by the time specified by the promoter, and posted in the box provided for that event. One withdrawal form per event

Any swimmer that qualifies for the Skins events must withdraw by the specified time. If the swimmer withdraws through illness or any other reason on the day of the Skins event they will not be allowed to swim in any other events.

Decisions on late withdrawals and penalties will be at the discretion of the Promoter.

Failure by a swimmer to withdraw by the specified time will result in the swimmer being excluded from any remaining events they may be entered for.

**There will be no Time Only Swims.**

#### **4: COMPETITORS:**

All competitors must wear costumes which conform to ASA Laws and Technical Rules.

Swimmers are expected to conduct themselves in a correct manner and display a good standard of behaviour both on and off poolside.

#### **5: ELIGIBILITY:**

Competitors must have been a bona fide member of a Club affiliated to Shropshire County ASA for a period of not less than 30 days prior to the first date of competition and be registered in accordance with ASA Laws.

A swimmer who enters or takes part in these Championships must not represent another County or compete in or have competed in another Counties Championships in the same calendar year. Should a swimmer be found to have broken this rule, their recorded times shall be removed from the results and any medals won shall be returned to the promoter.

A swimmer can only swim for one Club in individuals and relays.

#### **6: RELAYS:**

Team lists must be completed by each club prior to the event.

#### **7: OFFICIALS:**

All officials will be drawn from the District or WASA lists.

#### **8: EVENTS:**

Entry acceptance is based upon the Qualifying times as published.

All events shall be seeded on submitted entry times and seeded fastest to slowest.

The fastest heat of all Heat Declared events will be arranged on the spearhead principle.

#### **9: PROTESTS AND COMPLAINTS:**

These will only be accepted by the Referee in accordance with ASA Laws and Technical Rules, and, where possible will be dealt with by the Referee or Jury of Appeal, if one is appointed.

#### **10: PROGRAMME OF EVENTS:**

For practical purposes of expediency the Promoter reserves the right to change the order of events in the programme with the concurrence of the Referee and the competitors or their representatives.

#### **11: COUNTY AGE GROUP RECORDS:**

County Age Group Records are times set in the County Age Group Championships only and may be achieved in any of the events in the programme.

Times achieved in official county trials or at any other event will not constitute a County Age Group Record.

## **12: MEDALS AND TROPHIES:**

Awards will be made to the first, second and third placed swimmers in each age group of each event.

Certificates will be awarded to all swimmers placed fourth, fifth and six and to all BAGCAT swimmers.

Shropshire Star Trophies will be awarded to the Top 10 year old girl and boy.

The Shropshire Star Record Breaker Trophy will be contested by all swimmers during the Championships and will be presented to the swimmer who breaks the most records. In the event of a tie, the points system will come into effect.

Trophies donated for certain other events will also be presented.

Presentations will be made to the top boy and girl in each age group based on position points. In the event of a tie, the result will be decided by count back of the number of first, second and third places to decide an overall winner.

## **13: PROMOTER:**

The Executive committee shall be the Promoter.

For the practical purposes of administration the Honorary Gala Coordinator(s) shall be deemed the Promoter on the day.

Any matter not covered above will be dealt with at the discretion of the Promoter.

## **14: AGE ON DAY:**

These Championships will be swum Age on Day which will be deemed to be the last day of the Championships.

## **15: FINES & PENALTIES:**

A decision will be made after the results have been checked for swimmers recording times outside the qualifying time for the events entered. **The Club may be fined at the digression of the Shropshire County Executive**

The penalty for a swimmer failing to withdraw by the specified time will be as follows:

**a: the club will pay a £10 penalty**

**b: the swimmer will be excluded from the remaining Championship events.**

## **16: WARM UP**

The use of **Training Aids** are not permitted during the **WARM UP**

# Shropshire County Age Group Championships Programme 2008

All Gala's will be at Market Drayton Swimming Pool

License No: CC8021  
Gala 1

Saturday Feb 16<sup>th</sup> Warm Up 09.00 Start 10.00

1. Boys	100m Breaststroke	12 yrs & Over	<b>30 mins</b>
2. Girls	100m Backstroke	11 yrs & Over	<b>30 mins</b>
3. Boys	200m Ind Medley	9 yrs & Over	<b>45 mins</b>
4. Girls	200m Freestyle	9 yrs & Over	<b>1.25 hrs</b>

**Break for Computer input**

5.	Final Event 1		<b>5 mins</b>
6.	Final Event 2		<b>5 mins</b>

**Lunch 1 hour**

**Warm up ½ hour**

7. Mixed	800m Freestyle	Girls 11 & over, Boys 11 & Over	<b>1.5hrs</b>
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License No: CC8021  
Gala 2

Sunday Feb 17<sup>th</sup> Warm Up 09.00 Start 10.00

8. Boys	100m Backstroke	12 yrs & Over	<b>15 mins</b>
9. Girls	100m Butterfly	11 yrs & Over	<b>15 mins</b>
10. Boys	200m Breaststroke	9 yrs & Over	<b>50 mins</b>
11. Girls	200m Breaststroke	9 yrs & Over	<b>1 hr 5 mins</b>
12. Boys	200m Butterfly	9yrs & Over	<b>20 mins</b>

**Break for Computer input**

13.	Final Event 8		<b>5 mins</b>
14.	Final Event 9		<b>5 mins</b>

**Lunch 1 hour**

**Warm up ½ hour**

15. Mixed	1500m Freestyle	Girls 11 years & Over, Boys 12 years & over	
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**2 hrs 15 mins**

**Timings on right hand side are approximate  
timings based on entries for 2007 Championships**

# Shropshire County Age Group Championships Programme 2008

All Gala's will be at Market Drayton Swimming Pool

Licence No:  
Gala 3 CC8022

**Saturday March 1<sup>st</sup>**                      **Warm Up 0900**                      **Start 10.00**

16. Boys	100m Freestyle	12 yrs & Over	<b>25 mins</b>
17. Girls	100m Breaststroke	11 yrs & Over	<b>25 mins</b>
18. Boys	200m Backstroke	9 yrs & Over	<b>40 mins</b>
19. Girls	200m Ind Medley	9 yrs & Over	<b>1 hr</b>

**Break for Computer input**

20.	Final Event 16		<b>5 mins</b>
21.	Final Event 17		<b>5 mins</b>

**Lunch 1 hour**

**Warm Up 1 hour**

22. Mixed	400m Freestyle	10 & Over	<b>2 hrs</b>
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**Licence No: CC8022**  
**Gala 4**

**Sunday March 2<sup>nd</sup>**                      **Warm Up 09:00**                      **Start 10:00**

23. Girls	100m Freestyle	11 yrs & Over	<b>40 mins</b>
24. Boys	100m Butterfly	12 yrs & Over	<b>20 mins</b>
25. Girls	200m Butterfly	9 yrs & Over	<b>30 mins</b>
26. Boys	200m Freestyle	9 yrs & Over	<b>1 hr</b>
27. Girls	200m Backstroke	9 yrs & Over	<b>45 mins</b>

**Break for Computer input**

28.	Final Event 23		<b>5 mins</b>
29.	Final Event 24		<b>5 mins</b>

**Lunch 1 hour**

**Warm Up ¾ hour**

30. Mixed	400m Ind Medley	12 yrs & Over	<b>45 mins</b>
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**Timings on right hand side are approximate  
timings based on entries for 2007 Championships**

# Shropshire County Age Group Championships Programme 2008

All Gala's will be at Market Drayton Swimming Pool

Licence No: CC8023  
Gala 5

Saturday March 15<sup>th</sup>

Warm Up 08:30

Start 10.00

31. Boys	50m Freestyle	9 yrs & Over	<b>40 mins</b>
32. Girls	50m Butterfly	9 yrs & Over	<b>30 mins</b>
33.	Final Event 31		<b>5 mins</b>
34.	Final Event 32		<b>5 mins</b>

Interval 10 minutes

35. Boys	50m Backstroke	9 yrs & Over	<b>30 mins</b>
36. Girls	50m Breaststroke	9 yrs & Over	<b>40 mins</b>
37.	Final Event 35		<b>5 mins</b>
38.	Final Event 36		<b>5 mins</b>

Interval 10 minutes

Swimmers for skins event will be selected from 200 I/M

39. Boys	Medley Skins	14 yrs & Under	<b>10 mins</b>
40. Girls	Medley Skins	13 yrs & Under	<b>10 mins</b>
41. Boys	Medley Skins	15 yrs & Over	<b>10 mins</b>
42. Girls	Medley Skins	14 yrs & Over	<b>10 mins</b>

Lunch 1 hour

Warm Up 1 ½ hrs

43. Boys	50m Butterfly	9 yrs & Over	<b>30 mins</b>
44. Girls	50m Backstroke	9 yrs & Over	<b>30 mins</b>
45.	Final Event 43		<b>5 mins</b>
46.	Final Event 44		<b>5 mins</b>

Interval 10 minutes

47. Boys	50m Breaststroke	9 yrs & Over	<b>30 mins</b>
48. Girls	50m Freestyle	9 yrs & Over	<b>40 mins</b>
49.	Final Event 47		<b>5 mins</b>
50.	Final Event 48		<b>5 mins</b>

Timings on right hand side are approximate  
timings based on entries for 2007 Championships

# Shropshire County Age Group Championships Programme 2008

All Gala's will be at Market Drayton Swimming Pool

Licence No: CC8023

Gala 6

Sunday March 16<sup>th</sup>

Warm Up 08:30

Start 10.00

51. Boys	100m Ind Medley	9 yrs & Over	<b>45 mins</b>
52. Girls	100m Ind Medley	9 yrs & Over	<b>45 mins</b>

Interval 10 minutes

53. Boys	Freestyle Skins	15 yrs & Over	<b>10 mins</b>
54. Girls	Freestyle Skins	15 yrs & Over	<b>10 mins</b>
55. Boys	Freestyle Skins	14 yrs & Under	<b>10 mins</b>
56. Girls	Freestyle Skins	14 yrs & Under	<b>10 mins</b>

Lunch 1 hour

Warm Up 1 hour

**Team Events will be Heat Declared Winners**

57. Girls	Freestyle Team	4 X 50m	Open	<b>6 mins</b>
58. Boys	Freestyle Team	4 X 50m	Open	<b>6 mins</b>
59. Girls	Freestyle Team	4 X 50m	10 & Under	<b>6 mins</b>
60. Boys	Freestyle Team	4 X 50m	10 & Under	<b>6 mins</b>
61. Girls	Freestyle Team	4 X 50m	12 & Under	<b>6 mins</b>
62. Boys	Freestyle Team	4 X 50m	12 & Under	<b>6 mins</b>
63. Boys	Freestyle Team	4 X 50m	14 & Under	<b>6 mins</b>
64. Girls	Freestyle Team	4 X 50m	14 & Under	<b>6 mins</b>
65. Boys	Freestyle Team	4 X 50m	16 & Under	<b>6 mins</b>
66. Girls	Freestyle Team	4 X 50m	16 & Under	<b>6 mins</b>
67. Boys	Medley Team	4 X 50m	Open	<b>6 mins</b>
68. Girls	Medley Team	4 X 50m	Open	<b>6 mins</b>
69. Boys	Medley Team	4 X 50m	10 & Under	<b>6 mins</b>
70. Girls	Medley Team	4 X 50m	10 & Under	<b>6 mins</b>
71. Boys	Medley Team	4 X 50m	12 & Under	<b>6 mins</b>
72. Girls	Medley Team	4 X 50m	12 & Under	<b>6 mins</b>
73. Boys	Medley Team	4 X 50m	14 & Under	<b>6 mins</b>
74. Girls	Medley Team	4 X 50m	14 & Under	<b>6 mins</b>
75. Boys	Medley Team	4 X 50m	16 & Under	<b>6 mins</b>
76. Girls	Medley Team	4 X 50m	16 & Under	<b>6 mins</b>
77. Mixed	Freestyle Team	10 X 50m	<b>One boy &amp; One Girl from each age group</b>	<b>15 mins</b>

**Timings on right hand side are approximate  
timings based on entries for 2007 Championships**

**SHROPSHIRE COUNTY AGE GROUP CHAMPIONSHIPS 2008**  
**QUALIFYING TIMES**

**GIRLS**

	9	10	11	12	13	14	15	16	17+
50m Free	48.4	42.6	38.8	36.1	34.4	33.5	33.0	32.7	32.7
100m Free	XXX	XXX	1:23.7	1:17.5	1:13.6	1:11.9	1:11.0	1:10.5	1:10.2
200m Free	3:56.0	3:20.5	3:01.6	2:47.9	2:38.1	2:34.9	2:32.7	2:31.5	2:30.2
400m Free	8:01.9	7:02.7	6:19.2	5:50.1	5:30.7	5:22.5	5:18.6	5:17.2	5:15.1
800m Free	XXX	XXX	13:09.4	12:02.7	11:21.0	11:03.4	10:55.3	10:53.2	10:49.7
1500m Free	XXX	XXX	25:22.2	24:03.6	23:01.4	22:10.8	22:17.1	22:10.8	22:31.0
50m Brea	1:03.0	54.7	49.8	45.8	43.3	41.9	41.3	41.1	41.1
100m Brea	XXX	XXX	1:46.5	1:38.2	1:32.4	1:29.3	1:28.4	1:28.2	1:27.8
200m Brea	5:02.3	4:14.7	3:49.4	3:31.0	3:18.5	3:12.4	3:10.9	3:09.5	3:09.3
50m Fly	54.1	46.5	42.6	39.5	37.4	36.2	35.7	35.5	35.3
100m Fly	XXX	XXX	1:33.8	1:26.5	1:21.4	1:19.1	1:18.3	1:17.9	1:17.1
200m Fly	4:57.3	3:55.6	3:28.7	3:10.6	2:58.5	2:52.5	2:50.2	2:50.2	2:47.7
50m Back	55.6	48.4	44.1	41.0	38.9	37.9	37.3	36.9	36.7
100m Back	XXX	XXX	1:34.0	1:26.4	1:22.0	1:19.8	1:18.5	1:18.0	1:17.4
200m Back	4:23.3	3:42.0	3:21.2	3:05.8	2:55.7	2:50.3	2:48.4	2:46.3	2:45.6
100m IM	2:03.9	1:47.4	1:37.6	1:30.4	1:25.4	1:23.2	1:22.2	1:21.2	1:20.8
200m IM	4:26.5	3:46.6	3:24.7	3:10.0	2:59.4	2:54.6	2:52.4	2:51.7	2:50.5
400m IM	XXX	XXX	XXX	6:40.3	6:18.0	6:06.4	6:02.3	6:00.7	5:56.7

**Entry times must be equal to or faster than  
qualifying times.**

**SHROPSHIRE COUNTY AGE GROUP CHAMPIONSHIPS 2008**  
**QUALIFYING TIMES**

**BOYS**

	9	10	11	12	13	14	15	16	17+
50m Free	50.1	44.6	40.4	36.4	33.5	31.6	30.3	29.7	29.5
100m Free	XXX	XXX	XXX	1:18.9	1:12.2	1:07.9	1:05.4	1:04.2	1:03.6
200m Free	4:07.0	3:33.4	3:01.2	2:51.6	2:37.4	2:28.3	2:22.3	2:20.3	2:18.9
400m Free	9:10.4	7:28.5	6:39.5	6:00.6	5:31.5	5:13.5	5:01.5	4:56.1	4:53.3
800m Free	XXX	XXX	15:41.5	13:03.5	12:03.1	11:20.9	10:53.6	10:42.0	10:45.5
1500m Free	XXX	XXX	27:08.2	23:56.4	21:55.0	20:39.5	19:53.5	19:38.0	19:23.4
50m Brea	1:04.9	57.7	51.9	45.5	42.3	39.8	38.0	37.4	36.9
100m Brea	XXX	XXX	XXX	1:40.1	1:31.1	1:25.6	1:21.9	1:20.5	1:19.7
200m Brea	5:10.4	4:32.7	4:03.2	3:37.3	3:17.9	3:04.9	2:58.0	2:55.3	2:52.8
50m Fly	56.5	49.6	44.9	40.5	37.0	34.6	32.9	32.3	31.8
100m Fly	XXX	XXX	XXX	1:28.7	1:20.4	1:15.3	1:11.3	1:10.9	1:09.5
200m Fly	5:08.0	4:11.8	3:39.6	3:15.6	2:58.8	2:46.3	2:38.4	2:36.2	2:33.2
50m Back	57.5	51.1	46.2	41.7	38.2	36.0	34.2	33.5	33.2
100m Back	XXX	XXX	XXX	1:28.4	1:21.1	1:15.8	1:12.5	1:11.2	1:10.5
200m Back	4:32.5	3:58.5	3:31.7	3:19.9	2:54.4	2:43.9	2:36.2	2:34.2	2:32.7
100m IM	2:07.9	1:53.3	1:42.8	1:32.8	1:24.6	1:18.7	1:15.6	1:13.8	1:13.3
200m IM	4:37.6	4:02.2	3:36.4	3:14.8	2:58.6	2:47.8	2:40.4	2:37.9	2:36.4
400m IM	XXX	XXX	XXX	6:52.7	6:18.6	5:55.7	5:39.7	5:34.5	5:31.6

**Entry times must be equal to or faster than  
qualifying times.**

**SHROPSHIRE ASA  
COUNTY CHAMPIONSHIPS 2008 ENTRY FORM**

Affiliated to the West Midland Region

Under ASA Laws and Technical Rules

Swimmers must be ASA registered to be eligible to compete in the Championships

NAME:	
CLUB:	
Date of Birth	Age Group: 9 – 10 – 11 – 12 – 13 – 14 – 15 – 16 – 17 - Open <b>CIRCLE AGE GROUP</b>
Male – Female <b>DELETE ONE</b>	ASA Registration No:

Insert current best times for events selected in boxes below

Event	Submitted Time	Event	Submitted Time
1500m Freestyle		200m Backstroke	
800m Freestyle		100m Backstroke	
400m Freestyle		50m Backstroke	
200m Freestyle		200m Butterfly	
100m Freestyle		100m Butterfly	
50m Freestyle		50m Butterfly	
200m Breaststroke		400m Ind Medley	
100m Breaststroke		200m Ind Medley	
50m Breaststroke		100m Ind Medley	

<b>Total Events Entered</b>		<b>Entry Fees @ £2.75 per event</b>	
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**Closing date for entries: 21 December 2007**

Please give **correctly** filled in entry form, to: Club Desk (Friday night)

**REMEMBER**

Entry times must be equal to or better than the qualifying times and the club can be fined for incorrect times being entered. Also, any withdrawals must be put in before a specific time. If they are not the club will be fined and the swimmer excluded from the remaining Championship events.

**THE EVENT IS AGE ON DAY. YOUR AGE IS HOW OLD YOU  
ARE ON THE LAST DAY OF THE COMPETITION**

Any questions or queries speak to Sam Amery or Colin Woolley

**PLEASE PRINT NAMES & SUBMITTED TIMES CLEARLY IN  
BLOCK CAPITALS**

**CHEQUES MUST BE MADE PAYABLE TO OAKENGATES ASC**

**Individual entries will not be accepted, entry must come through the club**